FOR IMMEDIATE RELEASE

Look Who's Walking 2011 Wellness Program!

Look Who's Walking 2011 Kickoff event begins on April 4th at Osborn MetroPark!

Huron, OH, March 24-In a joint partnership between Erie County Health Department, Erie MetroParks, and City of Sandusky Recreation Division, Look Who's Walking Wellness Program is entering its fifth year and continuing to grow! This collaborative effort began to encourage healthier choices within our community.

Look Who's Walking highlights:

- 10 walks between April 4th and August 22nd
- All walks are on Mondays at 6:30pm
- 4 free stress-buster sample classes between April and August
- Participants who complete 7 of the 14 free events will be entered into a drawing for prizes!

Visit www.eriecohealthohio.org or www.eriemetroparks.com for information about this year's walking schedule!

About Erie MetroParks- Erie MetroParks was established in 1968 starting with Osborn MetroPark. Currently, Erie MetroParks has grown to include 11 parks or preserves. Many of the properties that are managed by the park district are maintained in their natural state in keeping with the role assigned by the Ohio Revised Code. Areas used for active recreation are designed to have minimal impact on the natural environment of the parks. Educational programs are offered year round for all ages. Each park is unique and allows for a variety of activities for people of all ages. To learn more about Erie MetroParks, log onto eriemetroparks.com or call (419)625-7783.

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