

Run the Rock

5K Run

Saturday, June 8, - 9:00am

Castalia Quarry



Walkers Welcome



Sponsored by
The Friends of Erie MetroParks



Registration - 8:00am

Castalia Quarry, Rt 101 West of Castalia

Awards:

Trophies to top overall
male and female runners.

Medals to top three in each age group.

13 & under, 14-19, 20-29, 30-39
40-49, 50-59, 60-69, 70 & over

Cost: \$15 - includes t-shirt for
runners/walkers who register by May 30th

\$15 day of race registration
includes t-shirt while supplies last

Make checks payable to Friends of Erie MetroParks
3109 Hull Road, Huron, OH 44839

For more information contact Erie MetroParks
419.625.7783 or eriemetroparks.org

Name: _____

Gender: Male Female

Address: _____ City: _____ State: _____ Zip Code: _____

Email Address: _____ Phone Number: _____

Age day of race _____ Shirt Size S M L XL

I, the undersigned, during my participation in Run The Rock, hereby release and agree to indemnify Erie MetroParks and all successors and assigns, organizers, all officers, members, agents, and sponsors, singly and collectively, from any and all liability, including any and all injuries, harm, loss, damage, misadventure or inconvenience, occurring to either myself or the named minor (a person under 18 years of age) during any and all of the event or any associated activity.

I HAVE READ THE ABOVE RELEASE AND INDEMNIFICATION AGREEMENT AND UNDERSTAND AGREEMENT. In the event the participant is under 18 years of age, I hereby execute this agreement on behalf of my child or ward and my signature shall be considered my permission of participation. I acknowledge that participation in this activity, like any other outdoor recreational pursuit involves some risk of bodily injury. I understand the nature of the possible risks and am willing to accept them under the condition set forth above.

Signature : _____ Date: _____

(Parent/Legal Guardian if entrant is under 18)